

Scottish Junior Cup Round 3, Anagach, Sunday 19 September 2021

BOF event number 79393

Final Details

Covid-19 Information:

1. If you are displaying one or more Covid-19 symptoms you must not attend.
2. If you are in Covid-19 quarantine you must not attend.
3. People in higher risk categories as set out by the government should be aware that attending places you at increased risk.
4. The 1-metre rule applies at all times, including at controls, so please move away from controls as soon as you have punched. Please also maintain distancing on the route between parking and Start/Finish.
5. Please keep young children with you at all times.
6. You need to turn up for your starts on time. There is minimal scope for rescheduling late starters. The exception to this is Helpers for whom there will be flexibility.
7. Please do not congregate at the start/finish/car park.
8. By taking part you agree to British Orienteering code of conduct (see [https://www.britishorienteering.org.uk/COVID19 Safe Orienteering](https://www.britishorienteering.org.uk/COVID19_Safe_Orienteering))

Key Points:

- There is no registration or enquiries at the event. There is no change of course.
- Any hired dibbers will be available to collect in the parking field.
- Please do not arrive at the Start more than 30 mins before your start, it is a 1.2km / 15-20 min walk from parking.
- Please leave as soon as you and your fellow passengers have finished and downloaded, to avoid groups congregating.

Planner's comments:

Anagach is a very pretty birch and pine wood with interesting contour features and a well-used path system, which skirts around wooded marshy areas. All efforts have been made to avoid the marshy areas where possible but there is every chance that runners on the long courses might get damp feet. The shorter courses should be pretty dry. Off the paths runnability is affected by the heather but that does just add to the fantastic, typically Speyside, forest terrain.

Anagach is a real haven for wildlife with fantastic habitats all over the area and there's a high chance you will see deer and birds of prey. The woods are a key habitat for capercaillie but we are now past the breeding season so we should not be causing too much disruption there. You will be very lucky if you see capers!

There are several small areas which are particularly sensitive from a wildlife point of view. They are shown as out of bounds with purple hatching and affect all courses potentially. They are not marked on the ground but please try and avoid these areas.

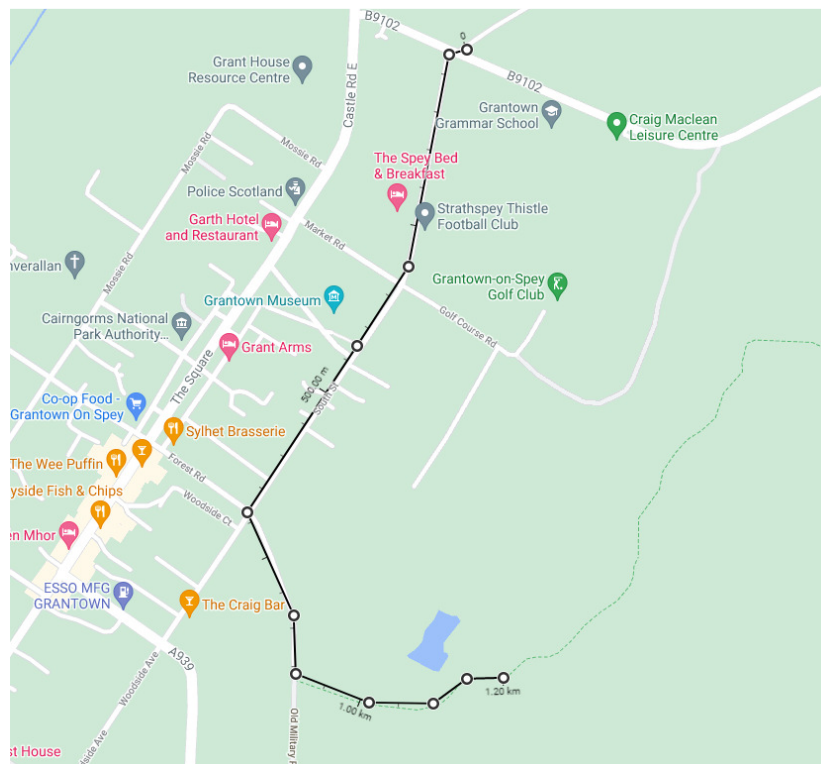
Parking: Parking is in the Granttown Showground which is in the field opposite Granttown Grammar School. Please follow the instructions of the marshals at all times. We will collect £1 per car as a contribution to the Granttown Showground charity. **Please bring £1 to put in the bucket** for this which will be near download / dibber collection / first aid – we won't chase people for this, please do contribute though.

What3words of the entrance gate to the parking field - <https://w3w.co/material.sharper.freely> There are 2 gates into the field so we hope to operate a *one gate in* and the *other gate out* traffic flow but at the time of writing only one of the gates can be opened due to a jammed padlock. It is a wide gate but please take great care going in and out if we are only using one gate for cars. Pedestrians will use a different gate entirely at the north west of the parking field.

There will be no key drop box so competitors must make arrangements for the storage of their key whilst they are competing such as with the use of a bum bag.

Toilets: There will be two portable toilets for orienteers at the parking field. There are no toilets at the start. Covid-19: make sure you maintain 1m distancing while queueing for the toilet and please use hand sanitiser before using them. Should you cough or sneeze within the toilet you should, on leaving the cubicle, request the next person to wait for a minute and you should hold the door open for this time to allow circulation of air in the space

Start: Start is just over 1km from parking through Granttown village as shown below (starting in the field opposite Granttown Grammar School), there will be tapes to follow.



Start Times: from 1030 to 1300. Your start time is now published on the Moravian Orienteering Club website

<https://mor.scot/node/160>

Start Procedure: For those who have not been to a larger event before, there is a series of 4 boxes marked on the ground that you progress through before you start.

- 4 minutes before your start time you will be called up into the first box, your SI card (dibber) will be checked, and you should use the hand sanitiser.

- At -3 minutes you move into the next box and pick up the control descriptions for your course.

- At -2 minutes you move to the next box where you can study a blank map of the area.

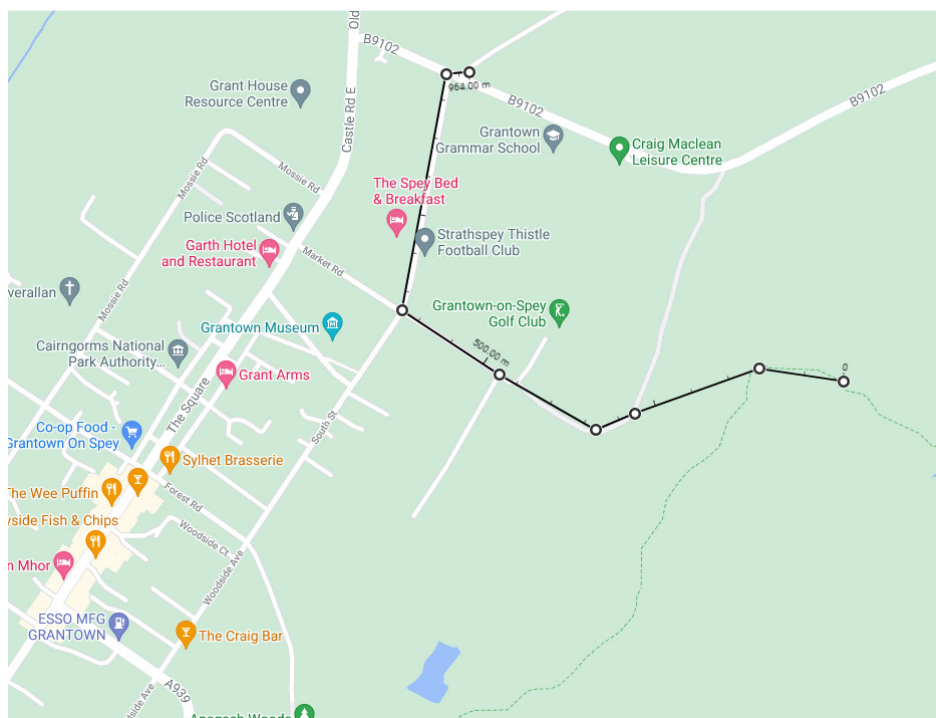
- At -1 minute you move to the last box. When you hear the long beep from the start clock, you should punch the start unit, pick up the right map for your course and go!

It is a punching start, so **do not forget to punch the start unit.**

SIAC: SI Air will be enabled. Please ensure you check in the start boxes to activate your dibber. The start and finish controls are not contactless – you must punch these “normally”.

Finish: 1km from the parking field. It is a punching Finish, don't forget to punch the Finish. Follow the tapes back to parking / download. Please note that the route from the Finish back to the car park and download follows a right of way that leads over Grantown Golf Course. When you emerge from Anagach Woods please first check to your left 200 yards away for golfers teeing off towards the path; if there are none, or if the golfers are walking towards you, you can walk halfway along the path and then please pause to check to your right for golfers teeing off toward the path 100 yard away; walk forward if it is clear. There will be a helper to guide you with this.

Route back from Finish to Parking / Download



Download: is in the parking field. Please don't forget to download! Please use hand sanitiser before downloading.

Safety: All participants take part at their own risk.

You may wish to carry a whistle to attract attention in an emergency.

If the weather is bad, cagoules may be compulsory and this will be signed in the car park.

First Aid kits are located at the parking field.

There are ticks in the forest. Please check carefully and use a tick removing tool if you get any.

Take care near marshes. Some are large and can be deep.

The walk to the Start/Finish involves crossing several 30mph roads and is through the village along a quiet road with a pavement until – on the way to the Start only - the final few metres which are a dirt track with no pavement that leads to a very small car park. We advise that adults accompany Juniors both to the Start and from the Finish. See also information about crossing the golf course under 'Finish' above.

Anagach Woods is used by walkers (including many dog walkers), cyclists and horse-riders. Be careful and considerate by giving other users plenty of space.

Dogs: Please keep dogs on a lead including in the parking field. Please clean up after your dog including in the parking field.

COURSES CLOSE AT 1500

Maps: All maps are printed on waterproof paper. Map scale is 1:10,000 with 5m contours for all courses. Maps will be a custom size, roughly 30cm x 35cm. Loose control descriptions will be available.

Course Lengths and Climb:

Course	Junior					Senior		
	Orange	Light green	Green	Blue	Short brown	Short	Medium	Long
Distance (km)	3.9km	3.9km	5.0km	5.8km	6.8km	4.1km	5.7km	7.3km
Climb (m)	135m	115m	155m	165m	170m	125m	150m	215m

All courses: There are several small of bounds areas in the middle of the map mapped with purple hatching. These are areas of wildlife sensitivity. They are not marked on the ground but please do your best to avoid them.

Short Brown and Long courses only: In the far eastern part of the map a number of fairly wide criss-crossing tracks have been cut through the vegetation, presumably for forestry management purposes. None of these tracks are mapped but they may assist with runnability through that area.

Please ensure your youngsters are familiar with description sheet symbols and map symbols. There is only a partial legend on the map! Map symbols can be found here: <https://www.maprunner.co.uk/map-symbols/>, control descriptions and a quiz are at this link: <https://www.maprunner.co.uk/iof-control-descriptions/>

Officials:

- Organiser: Alison Matheson email alison.matheson21@gmail.com 07814 952932
- Assistant Organiser: Peter McLuckie

- Planner: Jon Shepherd
- Controller: Drew Tivendale
- SI: Nikki Howard, Paul Furness and David Esson
- Covid Officer: Jacquie Laird coaching@invocmail.org.uk covid risk assessment has been countersigned by Sarah Dunn

Helpers:

Thank you to the many helpers today, and the many people who have agreed to be back up helpers if needed. We are reliant on helpers to make the event run smoothly and safely, please contact alison.matheson21@gmail.com or on 07814 952932 if you are in a position to offer any help on the day.

Thanks:

With thanks to the Anagach Woods for giving us permission for the event, and the Grantown Showground management team for giving us permission to park in their field.

BY TAKING PART IN THIS EVENT YOU AGREE TO THE FOLLOWING:

1. Registration information will be recorded on computer
2. Photographs and / or name(s) may appear on our website or in the media. We will seek permission where this involves young people.
3. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.
4. Event results will be published on the Internet and sent to British Orienteering

Other Things To Do:

You can orienteer on Saturday too if you like as BASOC have some fantastic MapRuns nearby (virtual orienteering courses). Here is the link to where BASOC MapRuns are advertised – you'd need to download the PDF map file from the Scottish Orienteering website and it probably best to do this before you leave home:

<https://www.basoc.org.uk/news/navigation-runs>

<https://www.scottish-orienteering.org/get-involved/pocs/#MapRun-jump>

There is even a high level permanent course at Windy Ridge near Cairngorm Mountain – one for a nice day but not for beginners https://www.goorienteering.org.uk/course/windy_ridge It could be the highest POC in the UK, with the top control being at 750m above sea level!